

Pin Site Removal

Removal of wires or external fixator pins in the office is common. Often, patients are fearful of this procedure. Being afraid that this procedure is going to hurt is a common belief and understandable. The actual truth though, is that this procedure is very well tolerated with minimal or no pain. The reason that this is so well tolerated is due to the fact that there are no nerve endings inside the bone. Nerves are what convey the painful messages to the brain.

Since there are no nerves inside the bone, there is no pathway to convey discomfort. This allows us to remove pins and external fixators in the office without causing discomfort to the patient. Sometimes, patients will have a small amount of pain when we first start to remove the pin, but this quickly changes to the feeling of a deep pressure.